

Your New Porcelain Teeth

Congratulations again! You have just had one or more teeth restored with the finest material available today. Your teeth are now much stronger than they were with the amalgam/mercury or composite restorations that were removed or the old crowns/onlays that were replaced. The new restoration has bonded to your tooth. It will not come out if you eat sticky foods. It is nearly as resistant to fracture as your own teeth. It has a natural look that will not fade or change.

We are commonly asked, “What do I need to know about my new restorations?”

Post Treatment Care

Your new restorations are now bonded firmly onto your teeth. Until the numbness is all gone be careful that you do not bite your tongue or cheek. You should give your new tooth 24 hours before chewing with it. Soft foods are fine today, but wait until tomorrow for normal eating habits. You can brush and floss around all of your teeth in 1 hour. A crowned tooth can still develop decay. Be sure to brush and floss a crowned tooth just like you would your uncrowned teeth.

Post Treatment Sensitivity

After any treatment, a tooth may have some sensitivity. The sensitivity is usually to cold and should last for only as long as the cold is in contact with the tooth or no longer than 10 to 15 seconds. It would be considered normal to have this sensitivity to cold temperatures for 1-2 weeks after placing a new crown. If the symptoms get worse please call our office.

After receiving treatment, the pulp tissue of the tooth needs time to return to its normal resting state. If you have an extreme reaction to heat or cold that lasts for a minute or more, contact our office. The tooth's pulp may have developed a condition called irreversible pulpitis and may require additional treatment (possible root canal). This is rare and usually does not mean the crown will have to be replaced.

Does Your Bite Feel “Off”?

Your mouth may have been numb while we placed in the new restorations. We have adjusted your new restorations to fit your occlusion (or bite). Yet, until your numbness is all gone or you have had a chance to chew, you might not be aware of any discrepancy with respect to the new restorations. If your bite feels off it is important that you contact the office in order to have the restorations adjusted correctly. Your restoration is just as hard as your tooth enamel and it will not self adjust. You will have to come in for us to correct the bite. It is an easy thing to do, will only take a few minutes and does not require numbing. Please call us & let us know if you need an adjustment.

If you have any questions, please call us at (720)-482-0793.